# Addiction Nursing: a case for safeguarding

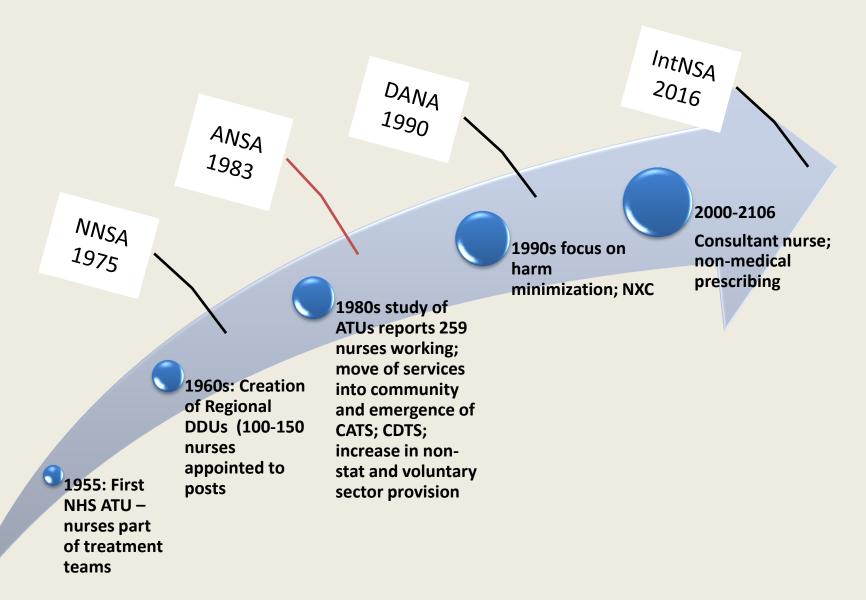
Carmel Clancy & Mike Flanagan 29<sup>th</sup> April 2016



Workforce Development:
Challenges, Opportunities and the Way
Forward
'where we have been, where we are,
and where we are going'



#### Role Development Timeline



### Stepping on point....

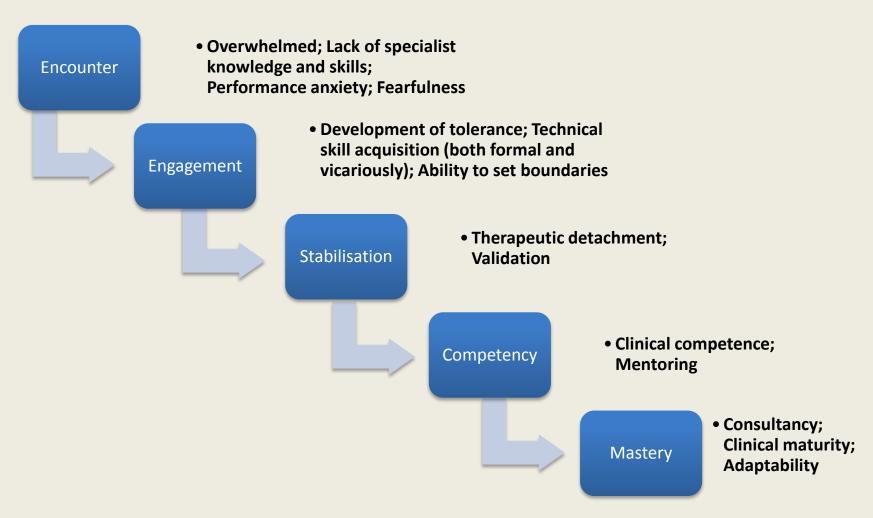
#### **Default Reasons**

- Positive: related to notions of progression, for example moving into addiction nursing to gain promotion rather then because of interest in the specialty
- Negative or Neutral: associated with lack of choice, involuntary transfer due to staff shortages, a position becoming available, or the work setting being closer to home

#### **Magnetic Reasons**

The idea of working within a 'specialty'; prior knowledge of the working environment during their nurse education; the perception that addiction nursing offered the possibility for autonomous practice and growth; the client profile (particularly that they were not 'psychiatric patients') and the general treatment philosophy and approach to care (i.e. multidisciplinary and multiagency).

## Developmental Role Stages of Addiction Nurses



### Risk Analysis

## Non-medical prescribing in D&A services

- Substantial growth of non-medical prescribing (NMP) in the last 10 years
  - 2007 '80-100 who may be trained or considering training' (NTA, 2007)
  - 2013 316 NMPs in D&A services (Mundt-Leach et al 2014)
  - 2016 475 members of the National Substance Misuse Non-Medical Prescribing Forum
- Growth of NMP may mask decline in nursing numbers

#### Supporting non-medical prescribing in the UK

### SUBSTANCE MISUSE FORUM NON-MEDICAL PRESCRIBING FORUM

- National Substance
   Misuse Non-Medical
   Prescribing Forum
   (www.nmpsm.org)
- PHE guidance (PHE, 2014)
- Now in partnership with SMMGP



#### Changing landscape of the last 10 years

- The drug & alcohol field is:
  - Performance monitored more than any other area of health or social care
  - Commissioning moved to local authorities in 2013
  - Repeated cycles of re-tendering with diminishing budgets
- All contribute to specialist addiction treatment being a less attractive career option
  - Job insecurity
  - Re-tendering, re-structuring, TUPE.....all challenge morale, recruitment

### Impact on nursing

- Medical roles increasingly provided by NMPs
- Nursing posts increasingly provided by drug workers
  - No idea on actual numbers (not measured)
- Risk that commissioners and managers may fail to fully appreciate the impact on quality

### What nurses in alcohol & drug treatment services provide (PHE, in press)

 Itemises the specific contribution of nurses in specialist D&A treatment services – mapped to:

- Direct clinical impact
- Public health outcomes
- NHS high level outcomes
- Adult social care outcomes



# The roles of nurses in alcohol & drug treatment services (PHE, in press)

- Describes the nurse's role in a range of clinical settings
- Sets out the role of the nurse in relation to:
  - Expert clinical practice
  - Leadership
  - Quality improvement and research
  - Teaching

#### Current challenges...

- Future workforce... safeguarding the role ... how do we do this if nurses are not working or visible (different roles titles that don't having nursing in the description) in this sector
- How do we know we are disappearing if we don't know baseline, or capture information....
- Lack of specialist/accredited training... what does good look like and how do we measure it?
- Undergraduate/prequalifying training (crowded curricula... lack of trained faculty in subject specialism – no champions on faculty) and the cycle begins again....

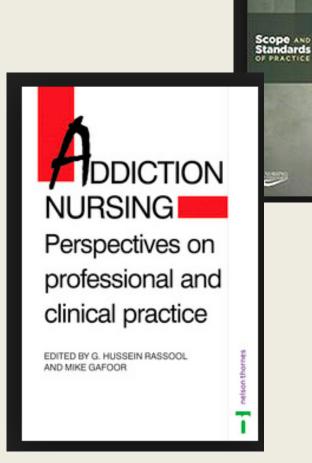
That said there are amazing things

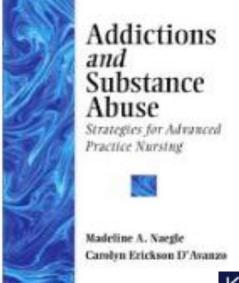
Addictions

Nursing

happening..

Tie.





Addictions

Nursing

Wolters Kluwer



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**Nursing Care** 

of the Addicted

Patient

#### What next...

- Accreditation/certification
- Standardisation of role titles
- Establishment of minimum ratio of numbers of nurses to clients in treatment teams
- Determining numbers and profile working in the field and setting up monitoring/surveillance
- Call for changes to pre qualifying curricula to raise profile of addiction (future workforce)